

Country	Spain
Type of disability	
<i>Physical, organic and sensory mainly and all in general</i>	
LEGISLATIVE FRAMEWORK ON DISABILITY	
<ul style="list-style-type: none"> National Legislation on Disability <p>NATIONAL LEGISLATION: There is a large number of legislation at the state level that regulates the specific field of disability, however, due to its importance, we quote only this:</p> <ul style="list-style-type: none"> - <u>Law 39/2006, of December 14, on the promotion of Personal Autonomy and Care for people in a situation of Dependency:</u> It involves the care of people who are in a situation of special vulnerability and who require support for the development of activities of daily life, providing them with higher levels of personal autonomy and the full exercise of their rights as citizens. Find out more about https://www.boe.es/buscar/act.php?id=BOE-A-2006-21990 <p>REGIONAL LEGISLATION: Territorial scope of Andalusia:</p> <p>The State Government, complying with the principle of decentralization, delegates some management powers to the Autonomous Communities (Regional governments), corresponding to different fields of action depending on the ministerial areas. We cite the legislation that best suits the epigraph. More information about this regulation can be found in the following links:</p> <ul style="list-style-type: none"> - <u>Law 9/2016, of December 27, on Andalusian Social Services.</u> https://www.juntadeandalucia.es/boja/2016/248/BOJA16-248-00072-22896-01_00105102.pdf (1.399 KB) - <u>Order of February 13, 2018, approving the request model for recognition of the degree of disability.</u> https://www.juntadeandalucia.es/boja/2018/36/19 - <u>Decree 258/2005, of November 29, which regulates the organization and functions of the Assessment and Guidance Centres for people with disabilities in Andalusia.</u> https://www.juntadeandalucia.es/boja/2005/250/d13.pdf (99,6 KB) - <u>Decree 301/2000, of June 13, which regulates the Andalusian Council and the Provincial Councils for the care of people with disabilities.</u> https://www.juntadeandalucia.es/boja/2000/70/d4.pdf (27,6 KB) - <u>Law 1/1999, of March 31, on Care for people with disabilities.</u> https://www.boe.es/buscar/pdf/1999/BOE-A-1999-10046-consolidado.pdf (736 KB) - <u>Law 4/2017, of September 25, on the Rights and Care of Persons with Disabilities in Andalusia:</u> It promotes and guarantees the rights of people with disabilities and their families, emphasizing the principles of equal opportunities, universal accessibility and non-discrimination, promoting training and personal and social empowerment. Find out more about https://www.boe.es/eli/es-an/l/2017/09/25/4 - <u>II COMPREHENSIVE ACTION PLAN FOR PEOPLE WITH DISABILITIES:</u> Respecting the essential basis of the I PLAN, it incorporates the need for Civil dialogue between the Public Administrations with the group and its family, to encourage participation in the preparation, execution, monitoring and evaluation of public policies developed in this area. Find out more about https://www.juntadeandalucia.es/organismos/igualdadpoliticasocialesyconciliacion/areas/discapacidad/PlanesYNormativa/paginas/II-plan-discapacidad.html <p>The III COMPREHENSIVE ACTION PLAN is currently being processed.</p> <ul style="list-style-type: none"> - <u>II COMPREHENSIVE CARE PLAN FOR WOMEN WITH DISABILITIES IN ANDALUSIA:</u> Currently in process. Its purpose is the social inclusion of women and girls with disabilities to access in equal conditions the universality of rights, assets and social resources. This document will be 	

prepared together with the Andalusian Women's Institute, the Andalusian Council for the Care of Persons with Disabilities and experts on gender and disability. Find out more about <http://laadministraciondialdap.es/noticia.asp?id=1180747>

- **Importance of Recognition of Disability**

It is essential to qualify for the rights associated with such recognition. (financial, service provision, tax benefits, discounts on basic supply and transport contracts, access to public housing, housing and vehicle adaptation aid, technical, pharmacological and prosthetic support, access to employment quotas...).

- **The steps to take to have a disability recognized officially**

You can apply for the recognition of disability on the internet through the following form that you can find at the following link <https://ws050.juntadeandalucia.es/vea/faces/vi/procedimientoDetalle.xhtml>

Also, you can also apply in person in the official registration services of Junta de Andalucía, through the form available in this other link <file:///E:/Users/Programas/Downloads/001809-A00-07-00.pdf> (301 KB)

The documents you should submit with the form are:

- DNI (National identification document) or express consent for the consultation of your identity data through the identity verification system
- Copies of medical and psychological reports that support the alleged disability
- The assessment of situations of disability will be made after examination of the interested party by the competent technical bodies referred to in article 8 of Royal Decree 1971/1999, of 23rd December. The competent technical body will issue an opinion proposal that must necessarily contain the diagnosis, type and degree of disability and, where appropriate, the scores of the scales to determine the need for the assistance of another person and the existence of mobility difficulties to use collective public transport.

More information for the assessment of the degree of disability: Procedure for the recognition, qualification and assessment of the disability, and also information on management procedures, application download, regulations, deadlines and forms, etc., can be found here <https://www.juntadeandalucia.es/servicios/procedimientos/detalle/69.html>

Also, directory of Assessment Centres for the situation of disability in Spain is available here https://adelaweb.org/wp-content/uploads/2014/12/Listado-Nacional-CENTROS_BASE_valoracion-discapacidad.pdf (64,8 KB)

Disability card. The purpose of the card accrediting the degree of disability is to give irrefutable testimony of the recognition of the degree of disability of its holder and to serve as a proof document of that condition. You can find more information about

<https://www.juntadeandalucia.es/organismos/igualdadpoliticassocialesyconciliacion/areas/discapacidad/solicitudes/paginas/tarjeta-grado.html>

- **Which number to call/contact**

Telephone **900 55 55 64**, is an information service provided to Andalusian citizens in general and in particular to people with disabilities and their families, 365 days a year, with 24-hour coverage seven days a week.

- **Resources of Interest**

Information related to disability in the Junta de Andalucía (Regional Government) is available in the following link

<https://www.juntadeandalucia.es/organismos/igualdadpoliticassocialesyconciliacion/areas/discapacidad/solicitudes.html>

INCLUSIVE TECHNOLOGY

• Apps

Mobile Apps help us to carry out daily tasks such as shopping, keeping an agenda, making payments and hotel reservations, or controlling our diet and activity routines. There are many of them on Google Play available in this link (<https://play.google.com/store?hl=es&gl=US>) and App Store <https://www.apple.com/es/app-store/>).

Apps for people with sensory disabilities (visual). Among these applications, are highlighted:

- BigLauncher. It is a screen reader designed for people with visual disabilities. Downloads are free.
- Be My Eyes. The app connects, in real time and through a video call, people with visual disabilities and volunteers who assist them and help them in basic actions such as recognizing colors, preparing a meal or checking that the lights in their house are off. The app works 24 hours a day and is available in several languages.
- MCT Money Read. It was created to solve a common problem for people with visual disabilities: identify coins and bills. This app recognizes bills and coins from more than 20 countries.
- Lazarillo App. Currently, this mobile app helps people with visual disabilities to know where they are and what their surroundings are like. The app uses the GPS for location or to choose the best travel routes, and the voice synthesizer for descriptions and to alert about obstacles or points of interest along the way.

Apps for people with hearing disabilities. Among these applications, are highlighted:

- SVisual. It is an application that connects hearing and non-hearing people by video call through an interpreter.
- Sordoayuda. Its function is to translate conversations between people with hearing disabilities and hearing people into text. It is recommended to use it in closed spaces with little noise to avoid interference in the interpretation/transcription.
- RogerVoice. It is the most reliable and fast mobile app to caption calls. The app works in over 100 languages, and when the other party speaks, their words are instantly transcribed into text on the screen. You can answer by typing or with the voice synthesizer.

Applications for people with physical disabilities. Among the most useful applications to improve their daily life, we highlight:

- AccessibilityPlus. Accessibility works as a geolocation system that allows users to locate points of interest enabled for people with reduced mobility (restaurants, museums, cinemas, etc.). Its latest updates also allow the addition of new locations, so that the Accessibility Plus ratings are continuously updated thanks to the users of the app.
- DisabledPark. This app, available for iOS and Android, allows you to locate parking spaces reserved for people with disabilities. As with Accessibility Plus, users add new car parks and can even report badly parked cars. <https://www.disabledpark.com/>
- TUR4all. It acts as a platform for accessible tourism. An interesting tool to organize vacations and travels. <https://www.tur4all.com/>
- Accessibilityapp is an application that allows person to send and report incidents on the accessibility elements of cities (environments, transport and buildings) to the entities responsible for their management and/or maintenance. <https://www.accesibilidapp.es/>

• Assistive technological devices

When we talk about assistive technological devices, we refer to tools used by people with disabilities to function independently. Basically, they are material aids and equipment.

For example, there are technological aids or applications to use the computer:

For people with physical disabilities, Dragon Natural Speaking software (for voice typing).

For visually impaired people, the screen reader Jaws

For people with physical disabilities and/or reduced mobility, there are some programs that allow the computer use through the movement of the head, and even a subtle movement of the eyes.

There are many products on the market:

- Guide: Technical Aids for Deaf People, you can find more information about <https://www.discapnet.es/areas-tematicas/tecnologia-inclusiva/productos-de-apoyo/guias-tecnicas/guia-ayudas-tecnicas-para>
- Among the main computer support products for blind people are some examples that we highlight in this list where you can find links for more information about:
 - **JAWS.** It is a product that makes it possible to access graphic environments, web pages, etc. to blind people <http://accesibilidadweb.dlsi.ua.es/?menu=jaws> <https://jaws.softonic.com/>
 - **EDICO.** Accessible Mathematical Editor. It is the first software capable of allowing a blind student to follow the most complex math or science classes in real time, thanks to the automatic transcription to braille, voice or adapted sight of all kinds of formulas or learning. [https://cti.once.es/noticias/disponible-el-editor-cientifico-once#:~:text=El%20Editor%20Cient%C3%Adfico%20ONCE%20\(EDICO,las%20personas%20videntes%20de%20%20su](https://cti.once.es/noticias/disponible-el-editor-cientifico-once#:~:text=El%20Editor%20Cient%C3%Adfico%20ONCE%20(EDICO,las%20personas%20videntes%20de%20%20su)
 - **Other technological resources for blind people:** <https://cti.once.es/catalogo-comercial/relacion-de-catalogos>

Some technology products and solutions for people with physical disabilities:

- **SICARE LIGHT** (More freedom, more independence). It is an infrared remote control that works with the voice, allows, among other possibilities, to turn on the light, control the television, select a radio station, raise the blinds or make a phone call, and only with the voice, more information on <https://domoprac.com/component/k2/item/109-sicare-light-mando-a-distancia-de-control-domotico-con-reconocimiento-de-voz.html>
- **SENIOR PILOT** (For independence and personal autonomy). Remote control, it has been designed to meet the needs of people who need a control system with large keys, easy to see and easy to operate, it is programmable for all types of devices and has 14 lights, remote by infrared and universal designed specifically for the elderly and for personal assistance. More information about http://www.infoferontologia.com/documents/accesibilidad/catalog_proinssa_geriatric.pdf (1.336 KB)
- **SICARE REHAPHONE** - Hands-free phone with infrared receiver that allows it to be controlled by voice, with power supply, (pick up incoming call, dial by voice, number to number, or by recipient) by means of Sicare Light IR voice commands
- **BRS (REHABILITATION SYSTEMS)** Interactive electronic system for stimulating the proprioceptive reflex. BRS is an electronic turntable that can rotate 360º (180º in simple position). The oscillatory movement made on the platform is captured by a sophisticated system of thermal sensors and is transferred by radio-frequency to a personal computer. Every movement of the patient can be monitored, recorded and consequently analysed.

• **Adaptable technological devices**

You can find information about some adaptable technological services in the following links:

- Windows 10 accessibility features. Windows 10 brings important innovations for everyone, whether you have a disability, a personal preference, or a unique work style. Windows 10 lets you choose how you interact with the screen, express ideas, and work with a robust set of built-in and third-party accessibility features. https://www.microsoft.com/es-es/accessibility/windows?activetab=pivot_1%3aprimariy2
- Apple accessibility features (iOs). <https://support.apple.com/es-es/guide/iphone/iph3e2e4367/ios>
- Accessibility applied to MOOC http://www.mooc-maker.org/wp-content/files/WPD1.13_ESPAOL.pdf (865 KB)

• **Resources of Interest (instead of putting the link alone it's better to give some introductory info and then adding the link)**

More information about inclusive technology can be found on the following links:

- **Support** products - Fundación Oír es Clave https://agbellinternational.org/accesibilidad/productos-de-apoyo/?option=com_content&view=category&id=22&Itemid=66
- New Technologies Blog - The blog of a future teacher of hearing and language. <https://abrahambartual.wordpress.com/ayudas-tecnicas-en-sordera/>
- <https://fundacionadecco.org/blog/las-apps-que-toda-persona-con-discapacidad-debe-conocer/>
- http://www.ceapat.es/InterPresent1/groups/imsero/documents/binario/reto_8.pdf (4,3 MB)

- <https://www.discapnet.es/areas-tematicas/tecnologia-inclusiva>

TRANSPORT

The Rights of people with disabilities

MODALITY SUBSIDY AND COMPENSATION FOR TRANSPORTATION EXPENSES. Monthly economic benefit to meet travel expenses when, due to disability, there are serious difficulties in using public collective transport.

Application In the Territorial Delegations of Equality, Health and Social Policies, in the Centres for the Elderly, and in the Community Social Services of your town hall, or by directly downloading the application form on the website of the Ministry of Equality, Health and Social Policies. More information about

<https://www.juntadeandalucia.es/organismos/igualdadpoliticassocialesyconciliacion/areas/pensiones/minusvalia.html>

RENFE GOLDEN CARD For people over 60 years of age, pensioners over 18 years of age, in a situation of total, absolute or severe permanent physical or mental disability, formally declared, as well as people with a disability equal to or greater than 65%, will have the right to a reduction of 40%. Price: €6.

INFORMATION AVAILABLE AT: Train Station Customer Service and by calling +34 902-240-202, or also in this link

[https://www.trenes.com/tarjeta-](https://www.trenes.com/tarjeta-dorada/?msclkid=7da36ec334721874e3ce0f7b4cb6bffe&utm_source=bing&utm_medium=cpc&utm_campaign=Es%20-%20Es%20-%20General%20Renfe%20AVE%20-%20PC&utm_term=https%3A%2F%2Fwww.trenes.com%2Ftarjeta-dorada%2F&utm_content=Es%20-%20Es%20-%20General%20Renfe%20AVE%20-%20PC%3A%20grupo%20de%20anuncios%20din%C3%A1micos)

dorada/?msclkid=7da36ec334721874e3ce0f7b4cb6bffe&utm_source=bing&utm_medium=cpc&utm_campaign=Es%20-%20Es%20-%20General%20Renfe%20AVE%20-%20PC&utm_term=https%3A%2F%2Fwww.trenes.com%2Ftarjeta-dorada%2F&utm_content=Es%20-%20Es%20-%20General%20Renfe%20AVE%20-%20PC%3A%20grupo%20de%20anuncios%20din%C3%A1micos

[n=Es%20-%20Es%20-%20General%20Renfe%20AVE%20-%20PC&utm_term=https%3A%2F%2Fwww.trenes.com%2Ftarjeta-dorada%2F&utm_content=Es%20-](https://www.trenes.com/tarjeta-dorada/?msclkid=7da36ec334721874e3ce0f7b4cb6bffe&utm_source=bing&utm_medium=cpc&utm_campaign=Es%20-%20Es%20-%20General%20Renfe%20AVE%20-%20PC&utm_term=https%3A%2F%2Fwww.trenes.com%2Ftarjeta-dorada%2F&utm_content=Es%20-%20Es%20-%20General%20Renfe%20AVE%20-%20PC%3A%20grupo%20de%20anuncios%20din%C3%A1micos)

[%20Es%20-%20Es%20-%20General%20Renfe%20AVE%20-%20PC%3A%20grupo%20de%20anuncios%20din%C3%A1micos](https://www.trenes.com/tarjeta-dorada/?msclkid=7da36ec334721874e3ce0f7b4cb6bffe&utm_source=bing&utm_medium=cpc&utm_campaign=Es%20-%20Es%20-%20General%20Renfe%20AVE%20-%20PC&utm_term=https%3A%2F%2Fwww.trenes.com%2Ftarjeta-dorada%2F&utm_content=Es%20-%20Es%20-%20General%20Renfe%20AVE%20-%20PC%3A%20grupo%20de%20anuncios%20din%C3%A1micos)

ASSISTANCE FOR TRANSPORTATION TO ACCESS THE HOSPITAL. To make it easier for people with mobility problems to travel to the hospital, the SAS (Andalusian Health Service) through public hospitals arranges for the financing of expenses originating from this concept. INFORMATION: +34 955 008 164. More information about

https://www.juntadeandalucia.es/export/drupaljda/2.subvencionesyayudas_junio2017.pdf (147KB)

PARKING RESERVATION AND FREE PARKING IN THE BLUE ZONE. City Councils must encourage the reservation of parking spaces next to the homes or workplaces of people with reduced mobility. The conditions for granting this reservation will be those regulated by local regulations in each case. In the case of Seville, the city in which the entity COCEMFE Seville, a collaborator in the production of this guide, is located, the link is

<https://aussa.es/servicio/estacionamiento-regulado/sevilla/>

TUSSAM Free ticket for the companion of a person with a disability in possession of the card where the mobility scale specifies: Information Telephone: 955 479 000 or 010 and also you can find information about this service in <https://www.tussam.es/es/tarjeta-diversidad-funcional>

AENA. Assistance service for travelers in air transport. Phone: 902 404 704. More information about <https://www.aena.es/es/pasajeros/viajeros/personas-movilidad-reducida.html>

How to get benefit from these services?

Requesting them in the Territorial Delegations or in the respective companies mentioned above

How to request the parking card of vehicles for people with reduced mobility?

It is essential to have a recognized degree of disability equal to or greater than 33% and, in addition, one of the following circumstances:

- Present serious problems of reduced mobility:
 - o Being a wheelchair user.
 - o Complete dependence on two walking sticks to get around.
 - o Present aggressive or annoying behaviors that are difficult to control, due to serious

- intellectual disabilities.
 - Or, failing that, achieve at least 7 points in the current mobility assessment scale (Royal Decree 1971/1999, of December 23).
- Have a recognized visual impairment that implies a degree of activity limitations equal to or greater than 65%.
- Being under three years of age and presenting a serious/very serious disability.

PARKING CARD FOR PEOPLE WITH REDUCED MOBILITY.

To get the card you must go to a valuation center. The [Assessment and Guidance Teams \(EVO\)](https://sid.usal.es/faq.aspx?id=230) (<https://sid.usal.es/faq.aspx?id=230>) are responsible for assessing the degree of disability. When you have both documents, you must fill out a form at your Municipality in order to obtain the card. They are only given to people with some kind of physical disability. The rest of the functional diversities (intellectual, hearing, etc.) cannot access this card. **Information and applications** at the Center for Assessment and Guidance, and at the Territorial Delegation for Equality, Health and Social Policies.

Which number to call/contact

In the different offices of the territorial delegations of the regional government of Andalusia, you can find information on them in this link

https://www.juntadeandalucia.es/export/drupaljda/ddtt_para_directorio_en_la_web_de_la_Consejer%C3%A1Da.pdf (71,7 KB)

Resources of Interest (Publications, technical documents and websites with information)

More information about services of interest for transports can be found in:

Assessment and orientation centers of the Junta de Andalucía: [Assessment and Guidance Centers - Junta de Andalucía \(juntadeandalucia.es\)](https://www.juntadeandalucia.es/organismos/igualdadpoliticassocialesyconciliacion/areas/discapacidad/cvo)

<https://www.juntadeandalucia.es/organismos/igualdadpoliticassocialesyconciliacion/areas/discapacidad/cvo.html>

In Seville: C/Japón, 37. 41020 Seville

- Teléfono: 900 555 564 / 955 928 880.
- Fax: 955 184 189.

E-mail: cvosevilla.cipsc@juntadeandalucia.es

HEALTH SERVICES

- The Rights of people with disabilities to benefit from health services**

Article 43 of the Spanish Constitution and Royal Decree - Law 7/2018 of July 27, on universal access to the National Health System", establishes that the Spanish health system is freely accessible, free and universal.

In Spain, competency in the field of Health is transferred to regional governments. The autonomous communities (Regional Governments) decide how to organize and provide health services and configure their health map with territorial divisions in the aforementioned Health Areas that are responsible for providing health coverage to the population assigned to their area. This guide will focus on Andalusia, the autonomous community where COCEMFE Seville operates.

- Health services**

Some services provided exclusively to people with disabilities from the Andalusian Health System are:

- Specific oral health care. You can find more information about (<https://www.sspa.juntadeandalucia.es/servicioandaluzdesalud/profesionales/cartera-de-servicios/atencion-primaria/iv-otros-servicios/2-otros-servicios-prestados-en-dispositivos-de-apoyo/21-salud-bucodental/215-asistencia-bucodental-personas-con-discapacidad>)
- Access to adapted gynecological consultation (requesting the service through the primary care center).
- Specialized and comprehensive care for people with mental health problems. More information about (<https://www.juntadeandalucia.es/temas/salud/servicios/salud-mental.html>)
- Orthoprosthetic aids: Collected in the General Catalog of Orthoprosthetics ([See the General Catalog of Orthoprosthetic Products \(pdf\)](https://www.sspa.juntadeandalucia.es/servicioandaluzdesalud/sites/default/files/sincfiles/wsas-media-mediafile_sasdocumento/2019/Catalogo2014%20%281%29.pdf) (https://www.sspa.juntadeandalucia.es/servicioandaluzdesalud/sites/default/files/sincfiles/wsas-media-mediafile_sasdocumento/2019/Catalogo2014%20%281%29.pdf) (211KB) More information about requirements and services: <https://www.juntadeandalucia.es/temas/salud/derechos/ortoprotesica.html>
- Recovery centers for people with physical disabilities (CRMF). They facilitate the socio-labour integration of people who have a physical and/or sensory disability that prevents them from receiving recovery care in ordinary centres. People with disabilities from anywhere in Spain can attend them. Find more information at https://www.imsero.es/imsero_01/centros/crmf/index.htm
- Services provided at hospitals**

People with disabilities have the same access and care as any citizen in the National Health System, however there are a series of hospital/rehabilitation care services for people with disabling pathologies:

- Physical Medicine and Rehabilitation and related areas: Amputee Rehabilitation / Cardiac Rehabilitation / Spinal Cord Injury Rehabilitation / Lymphedema Rehabilitation / Rehabilitation Vestibular. <http://www.sspa.juntadeandalucia.es/servicioandaluzdesalud/centros/carteraservicioshospitalaria/>

In addition, there are other services in other private medical centers:

- Spinal Cord Injury Unit Hospital San Juan de Dios del Aljarafe (Bormujos-Seville) <https://www.hsida.es/directorio-aljarafe>
- Vithas Sevilla Aljarafe: Neurorehabilitation Service, for people with brain damage. <https://neurorhb.com/vithas-sevilla-aljarafe/>

- **Services provided at home**

Services which can be provided at home *are mainly related to the care of a person with dependency.*

Care for people at home aimed at people who are in the following situations for a period of time foreseeably greater than two months:

- *Bedridden people who can only leave it with the help of other people.*
- *People with significant difficulty moving around, which prevents them from leaving their home*
<https://www.sspa.juntadeandalucia.es/servicioandaluzdesalud/profesionales/cartera-de-servicios/atencion-primaria/i-area-de-atencion-la-persona/2-atencion-especifica/28-atencion-personas-en-domicilio/282-atencion-personas-inmovilizadas>
- *Health care for people in need of care and their caregivers, (Individualized Care Plan)*
<https://www.sspa.juntadeandalucia.es/servicioandaluzdesalud/profesionales/cartera-de-servicios/atencion-primaria/ii-area-de-atencion-la-familia/1-atencion-la-familia/13-area-de-abordaje-las-familias-de-especial-vulnerabilidad/132-atencion-personas-necesitadas-de-cuidados-y-sus-cuidadores>

Other services at home:

- *Telecare service. Continuous care and monitoring 24 hours a day, every day of the year, supported by ICT, favoring greater autonomy and independence as well as permanence and integration in their family and social environment.* More information about
<https://www.juntadeandalucia.es/agenciadeserviciosocialesydependencia/index.php/m-teleasistencia/m-como-se-solicita>
- *Home help service (personal care)*

Are there any other institutions which provide services for our target group?

There are many social entities that have people with disabilities as a priority group of attention.

At COCEMFE Seville (<https://www.cocemfesevilla.es/>), there are large services that we offer to people with disabilities, specifically related to the field of health

- *Rehabilitation service.*
- *Home help service.*

In turn, in Andalusia there are many social entities that offer socio-health services to people with disabilities. More information about

<https://www.juntadeandalucia.es/justiciaeinterior/opencms/portal/Justicia/ContenidosEspecificos/Asociaciones/BancoDatos/asociaciones?entrada=destinatarios&destinatarios=7>

- **Steps to get benefit from health services**

Citizens living in Andalusia need the Andalusia Health Card to access its services, a document that is requested at Health Centers. Non-residents in the Autonomous Community prove their right to public health care with the Health Card that has been provided to you at your place of residence, with the European Health Card or accreditation form.

The health card is requested in person at the health center assigned to your home. There the professionals of the Administrative Unit will indicate the necessary documentation. You can also request the card electronically if you have an electronic DNI or digital certificate on the Clicsalud+ portal. More information about
<https://www.sspa.juntadeandalucia.es/servicioandaluzdesalud/clicsalud/>

- **Which number to call/contact**

Phone Salud Responde: +34 955.545.060

They can also go to any health center and request an appointment, to go to a medical specialist they will have

to request it through their primary care doctor. You can find information about the primary centre in your area here <https://www.sspa.juntadeandalucia.es/servicioandaluzdesalud/el-sas/servicios-y-centros/informacion-por-centros>

- **Resources of Interest**

You can find more information about health services available at the following link https://www.juntadeandalucia.es/export/drupaljda/salud_5af95873c5046_folleto_derechos_autonomia_discapacitados.pdf (367 KB)

EDUCATION

- **The right of persons with disabilities to benefit from services in education**

The education of students with special educational needs due to their physical, mental or sensory abilities, aims to achieve the objectives established in general for each of the levels of education. These students are preferably educated in ordinary educational centers, in a full-time ordinary group, in an ordinary group with support for variable periods or in a special education classroom, or in specific special education centres when, due to their special characteristics or degree of disability, requires significant and extreme adaptations in the areas of the curriculum that correspond to their age and it is considered that their adaptation and social integration in an ordinary school would not be possible.

You can learn more about Special Education in Andalusia on the website of the Ministry of Education and Sport at <https://www.juntadeandalucia.es/organismos/educacionydeporte/areas/enseñanzas-escolarizacion/educacion-especial.html>

In addition, there are a series of specific measures and resources aimed at students with other specific educational needs, such as learning difficulties, high intellectual abilities or who require compensatory actions. More information about <https://www.juntadeandalucia.es/organismos/educacionydeporte/areas/centros-educativos/atencion-diversidad.html>

In the School for Families Portal you can find more information and resources about the different types of special needs and how they are addressed from educational centres. In this portal you can find information about:

- Learning difficulties <https://www.juntadeandalucia.es/educacion/portals/web/escuela-familias/necesidades-especificas-de-apoyo-educativo/dificultades-de-aprendizaje>
- High intellectual capacities <https://www.juntadeandalucia.es/educacion/portals/web/escuela-familias/necesidades-especificas-de-apoyo-educativo/altas-capacidades-intelectuales>
- Compensatory actions <https://www.juntadeandalucia.es/educacion/portals/web/escuela-familias/necesidades-especificas-de-apoyo-educativo/acciones-de-caracter-compensatorio>

A series of individual grants are established, direct for special education, exemption from fees in some universities, personal support for class attendance in some universities, transport and dining grants.

SCHOLARSHIPS AND GRANTS: The existing scholarships and grants range from covering learning materials, books, etc. such as for transportation, registration, food, or even in higher education (university), the coverage of the stay in the place where studies must be taken, or internships in companies. More information about <https://www.becaseducacion.gob.es/becas-y-ayudas.html>

The Ministry of Education and Vocational Training publishes each year Scholarships and grants for students with specific educational support needs. More information about <https://www.educacionyfp.gob.es/servicios-al-ciudadano/catalogo/estudiantes/becas-ayudas/para-estudiar/primaria-secundaria/necesidad-especifica-apoyo-educativo.html>

On the other hand, there are scholarships and specific grants to support the integration and access to studies for people with disabilities. Some will be the ones proposed by the different official organisms of each region, others will be the ones called by foundations or social institutions. More information in: <https://www.discapnet.es/areas-tematicas/educacion/becas-y-ayudas>

At a regional level, in the Autonomous Community of Andalusia, you can obtain information on scholarships

and grants available at this link: <https://www.juntadeandalucia.es/educacion/portals/web/becas-y-ayudas/educacion-especial>

We can also find general information on education for people with disabilities on the website of the Ministry of Education and Sport of the Junta de Andalucía: <https://www.juntadeandalucia.es/organismos/educacionydeporte/areas/enseanzas-escolarizacion/educacion-especial.html>

There is also a Handbook of services, benefits and educational resources for Support SEN Students, from the Ministry of Education https://www.juntadeandalucia.es/educacion/portalaverrores/documents/10306/1513789/neces_a_poyo_educativo.pdf (2,2MB)

Includes: specific HR (for example, sign language interpreters and deaf-blind mediators), Curriculum Adaptation, Agreements with Associations and Entities representing the group, Specialized care...

- **Training options and opportunities**

In Spain, access to education is universal, therefore the person with a disability has the right to be trained in all public education available in the autonomous community where they live, in the case of Andalusia, they can access to obtain information on the educational offer, requirements of access and help in the following link: <https://www.juntadeandalucia.es/organismos/educacionydeporte/areas/enseanzas-escolarizacion.html>

In the case of permanent or adult training, information on this can be found at: <https://www.juntadeandalucia.es/temas/estudiar/adultos/educacion-permanente.html>

Likewise, at the state and regional level, employment services offer a wide range of educational training programs aimed at training for employment, offering courses for people with disabilities in some periods. More information in <https://www.sepe.es/HomeSepe/Personas/formacion/ofertas-formativas/oferta-formacion-estatal.html>

And regionally <https://www.juntadeandalucia.es/empleoformacionytrabajoautonomo/oficinavirtualFPE/ov-fpe/#!welcome>

In addition, people with disabilities can be trained according to some specific programs, offered by third sector entities, more information: <https://campuscocemfe.com/es/inicio>

<https://www.discapnet.es/areas-tematicas/educacion/educacion-y-discapacidad/cursos-destacados-para-personas-con-discapacidad>

In addition, training in Braille and Spanish sign language is offered from private entities, such as:

ONCE Foundation: <https://www.once.es/servicios-sociales/braille>

Centre for linguistic normalization of the Spanish Sign Language: <https://cnlse.es/es/resources/2>

- **Steps to follow to get benefit from these services/programmes?**

Have recognized a degree of disability equal to or greater than 33% by the channels named in the section LEGISLATIVE FRAMEWORK OF DISABILITY.

- **Which number to call/contact**

In Andalusia, to answer any questions or obtain more information in relation to Education, the person can contact the User Service Centre of the Educational Community by calling **+34 955405619 | 900848000** (Free) or through the Contact Form <https://www.juntadeandalucia.es/educacion/portals/web/ced/formulario-de-contacto>

- **Resources of Interest**

You can find more information about resources of interest for education purposes of people with disabilities can be found at:

- *University guide for students with disabilities. <https://guiauniversitaria.fundaciononce.es/la-guia>*
- *Guide for Inclusive Education. Foundations and Basis for Inclusion. Ministry of Education, Culture, Science and Technology. Presidency of the Nation. With the support of UNICEF. <http://www.bnm.me.gov.ar/giga1/documentos/EL006578.pdf> (3,0 MB)*
- *COCEMFE promotes the Right to quality Inclusive Education for people with disabilities. We collaborate with centres by raising awareness and training teachers and the rest of the educational community. We also have an ICT service on loan, providing support and digital support to people with disabilities in the education system. <https://www.cocemfe.es/que-hacemos/educacion/centros/>*
- *UNED-National University of Distance Education - Center for Attention to University Students with Disabilities (UNIDIS) <https://www.uned.es/universidad/inicio/institucional/unidis.html>*

EMPLOYMENT

- **The right of persons with disabilities to benefit from services in employment**

To guarantee the inclusion of people with disabilities, Law 13/1982, of April 7, on Social Integration of the disabled was enacted. ([LISMI](#)). Article 3 LISMI establishes that people with disabilities will have the right to labor integration. More information about <https://www.boe.es/eli/es/l/1982/04/07/13/dof/spa/pdf> (542 KB)

To facilitate labour integration, Law 13/1982 establishes a series of mechanisms, such as the need for companies with more than 50 workers to have 2% of their jobs occupied by people with disabilities; or the existence of special employment centres where people who do not have the minimum capacity necessary to be employed in ordinary jobs are employed.

The section of the quota reserve was developed through Royal Decree R.D 2273/1985 of December 2 <https://www.boe.es/eli/es/rd/1985/12/04/2273> and R.D 1368/1985 of July 17 <https://www.boe.es/eli/es/rd/1985/07/17/1368/con> (Introduction of positive discrimination measures).

Law 53/2003 of December 10, <https://www.boe.es/eli/es/l/2003/12/10/53> and developed by the R.D. 2271/2004 of February 20, <https://www.boe.es/eli/es/rd/2004/12/03/2271/con> regulates labour enclaves as measures to promote employment for people with disabilities.

- **The employment and entrepreneurship opportunities**

People with disabilities can exercise their right to work through the following types of employment:

Ordinary employment, in companies and in Public Administrations, including supported employment services

- **Training and public employment**

For public employment offers and temporary job vacancies from the approval of the Law 4/2017 on the Rights and Care of Persons with Disabilities in Andalusia a quota of no less than 10% of the number of position is reserved for people with disabilities, with 1% of positions allocated for people with mental illness for the first time. Also presented as a novelty of this law, the reserve of 5% for people with disabilities, in the training courses for employment organized by the Administration of the Junta de Andalucía. More information about <https://www.boe.es/eli/es-an/l/2017/09/25/4/dof/spa/pdf> (581 KB)

- **Sheltered employment**, in special employment centres and labour enclaves. The Special Employment Centres offer protected work to Andalusian people with disabilities. These are productive companies made up of at least 70% people with disabilities. These centres carry out activities with levels of efficiency and quality comparable to any company that competes in the market. Special Employment Centres (Employment Counseling, Training and Self-Employment). More information about <https://www.juntadeandalucia.es/organismos/sae/areas/mejora-empleabilidad/centros-especiales.html>

Download the directory of Special Employment Centres <http://www.juntadeandalucia.es/export/drupaljda/Listado%20Centros%20Especiales%20Empleo%20Calificados%20150520.ods>

There is aids for those ordinary companies that have hired or want to hire people with disabilities, in addition to the aid to be applied in the case of Special employment centres, all of them can be consult at <https://www.juntadeandalucia.es/temas/trabajar/busqueda/discapacidad.html#toc-empleo-protegido>

- **Self-employment**

There are specific benefits for people with disabilities who wish to work on their own. Among them it is worth highlighting the reductions to Social Security taxes for workers with a degree of disability equal to or greater than 33% (<https://sepe.es/HomeSepe/autonomos/incentivos-ayudas-emprendedores-autonomos/reducciones->

[bonificaciones-seguridad-social.html](https://www.andaluciaemprende.es/bonificaciones-seguridad-social.html)) or the deduction of the Personal Income Tax (IRPF). For information related to entrepreneurship and self-employment as well as free services for advice on business creation <https://www.andaluciaemprende.es/>

- The steps to follow to get benefit from these services/programmes**

To access these services, the person must have 33% of the disability that gives the right to recognition of the condition of a person with a disability that takes into account both the disabling factors - whether they come from a physical, mental or sensory injury - as well as the factors social, among others, age, family environment, employment and professional status, educational and cultural levels, as well as the usual environment of the person with disabilities, giving rise to the certificate of disability. In addition, the person must register as a job seeker with a Public Employment Service, you can find information on how to do it in the following links:

Registration in employment services
<https://www.juntadeandalucia.es/organismos/empleoformacionytrabajoautonomo/sae/areas/demanda-empleo/inscripcion-demandante.html>

Where to register (employability map):
<https://www.juntadeandalucia.es/servicioandaluzdeempleo/web/mapaEmpleabilidad/>

Your job application:
<https://www.juntadeandalucia.es/temas/trabajar/desempleo/demanda.html>

What are the tools to look for a job? How/where to look for a job? (Employment centres)

In Spain, the state public employment service (SEPE) offers many resources for job search, in addition to special plans aimed at job placement for unemployed people, including people with disabilities. You can also find many tools for job search advice. You can find that information at <https://www.sepe.es/HomeSepe/Personas/encontrar-trabajo/Garantia-Juvenil.html>

In addition, the SEPE offers the employment portal **Empléate** to citizens and companies, from which direct, free, simple, and free interaction can be carried out between providers (companies) and job seekers (citizens). More information about <https://www.empleate.gob.es/empleo/#/>

At the regional level, in Andalusia, the Portal of the Andalusian Employment Service (SAE) (<https://www.juntadeandalucia.es/organismos/empleoformacionytrabajoautonomo/sae.html>) offers a service to citizens aimed at facilitating access to labour market and improving professional qualifications, for which it provides effective job search tools, career guidance and information on training courses. More information about the conditions of access at <https://www.juntadeandalucia.es/organismos/empleoformacionytrabajoautonomo/areas/empleo/buscar.html>

OTHER FORMS OF ACCESS TO EMPLOYMENT AND SUPPORT RESOURCES - Third Sector Entities

ONCE: Entrepreneurs Program. More information about <https://www.portalento.es/Candidatos/Emprendedores/Default.aspx>

Foundation ADECCO: Publication of employment offers for people with disabilities. More information about <https://empleo.fundacionadecco.org/ofertas-empleo-discapacidad-en/sevilla>

COCEMFE Sevilla: From the Federation a series of programs are carried out and coordinated actions in favour of inclusive employment. More information about <https://www.cocemfesevilla.es/index.php/empleo>

- Which number to call/contact**

Phones list by provinces of the State Public Employment Service are available in this link <https://www.sepe.es/HomeSepe/contacto/atencion-telefonica/tel-ciudadanos.html>

SEPE (Online Service) Information available here
<https://www.sepe.es/HomeSepe/contacto/Atenciononline.html>

App SAE. More information about <https://www.juntadeandalucia.es/organismos/sae/areas/demanda-empleo/gestiones-demanda/paginas/appsae-movil.html>

- **Resources of Interest**

You can find more information about employment for people with disabilities in the following links

<https://www.discapnet.es/areas-tematicas/nuestros-derechos/preguntas-y-respuestas/la-discapacidad-en-el-ambito-laboral>

<https://www.plenainclusion.org/sites/default/files/guia-mi-talento-para-la-diversidad.pdf>

<https://www.port talento.es/>

FINANCIAL AID AND AID IN KIND

- **The financial rights of people with disability**

The special system of benefits established in the Law on Social Integration of Persons with Disabilities (LISMI), developed in Royal Decree 383/1984, of February 1, which establishes and regulates the special system of social and economic benefits provided for in Law 13/1982, on Social Integration of people with disabilities.

More information about <https://www.boe.es/eli/es/rd/1984/02/01/383>

The management and recognition of the right to these benefits is carried out by the Autonomous Communities with competence in management and by the Territorial Directorates of the IMSERSO of Ceuta and Melilla.

More information on the Imsero website: https://www.imsero.es/imsero_01/prestaciones_y_subvenciones/prestaciones_lismi/index.htm

Law 39/2006, of December 14, recognizes the right to promote personal autonomy and care for people in a situation of dependency, guaranteeing equality in the exercise of the same throughout the territory of the State. <https://www.boe.es/boe/dias/2006/12/15/pdfs/A44142-44156.pdf>

- **The financial aids**

Financial aid and benefits for disability, their management and recognition of the right to these benefits is carried out by the Autonomous Communities with competence in management, are the following:

- **Aid for hiring caregivers.** More information about <https://www.juntadeandalucia.es/organismos/igualdadpoliticassocialesyconciliacion/areas/dependencia/prestaciones/paginas/asistencia-personal.html>

- Aid for dependency status. More information about <https://www.juntadeandalucia.es/temas/familias-igualdad/dependencia/prestaciones.html>

- Regulations for granting aid for hiring people to care for a family member. More information about <https://www.juntadeandalucia.es/boja/2005/150/1>

- **Social Benefits for People with Disabilities**, the purpose of these benefits is to provide people with disabilities with the necessary means and support to exercise their rights and to guarantee minimum economic, legal and social resources. More information about <https://www.juntadeandalucia.es/organismos/igualdadpoliticassocialesyconciliacion/areas/pensiones/malusvalia.html>

The Ministry of Equality, Social Policies and Conciliation annually announces aid for people with disabilities, you can find information at <https://www.juntadeandalucia.es/boja/2021/81/36> and in <https://www.juntadeandalucia.es/servicios/procedimientos/detalle/24563.html>

- **Other aid**

- Retirement, contributory and non-contributory pensions. More information about <https://www.juntadeandalucia.es/temas/trabajar/jubilacion.html>
- Financed programs by the ONCE Foundation. More information about <http://www.fundaciononce.es/es/pagina/programas-financiables>

- **RAI (Active Insertion Income).** SEPE: Public Service of State Employment. Requirements for the collection of the benefit in the case of people with disabilities. More information about <https://www.sepe.es/HomeSepe/Personas/distributiva-prestaciones/he-dejado-de-cobrar-el-paro/no-tengo-prestacion/persona-con-discapacidad.html>

- **SOCIAL BONUSES:**

You can find information for social bonuses in the following links:

- Water supply <https://tarifasdeagua.es/info/bono-social>

- Electric social bonus <https://selectra.es/energia/info/bono-social>
- Social heating bonus <http://www.bonotermico.gob.es/#inicio>

• **FISCAL BENEFITS:**

You can find information for fiscal benefits in the following links:

- In the purchase of an adapted vehicle <https://fedaes.org/ventajas-fiscales-en-la-compra-de-un-coche-con-el-certificado-de-discapacidad/>
- In the Annual declaration on the income of natural persons https://www.agenciatributaria.es/static_files/AEAT/Contenidos_Comunes/La_Agencia_Tributaria/Informacion_institucional/Campanias/Renta/2020/Folleto/Personas_con_discapacidad_R20.pdf (3 MB)
- Tax benefits for People with Disabilities in Andalusia. explanatory guide. https://www.juntadeandalucia.es/export/drupaljda/Personas_Discapacidad_servicios_prestaciones_download2011_11_BENEFICIOS_FISCALES.pdf (139 KB)

• **The steps to follow to get benefit from these aids**

In order to benefit from this financial aid, people must at least have a recognized degree of disability equal to or greater than 33%. More information about <https://www.juntadeandalucia.es/servicios/procedimientos/detalle/69.html>

For aid linked to the situation of dependency, you must have recognized this status by these links <https://www.juntadeandalucia.es/temas/familias-igualdad/dependencia/atencion.html> <https://www.juntadeandalucia.es/agenciadeserviciossocialesydependencia/index.php/m-dependencia/m-paso-a-paso>

In the case of receiving a disability pension, the beneficiary is obliged to communicate to the granting organisation any change that occurs in their situation or personal and/or economic data within a period not exceeding of 30 days. Also the person should make annual income statement through this submission form, available here https://www.juntadeandalucia.es/export/drupaljda/declaracionanual_2020.pdf (581KB)

In addition, person must meet the specific requirements necessary for each of the grants.

What is aid in kind? (Qualifying products or services such as adjustable beds, wheelchairs, food, various medical devices, construction work such as ramps, door widening, toilet installation, disposable pads, hairdressing, housekeeping, etc..)

- *The Ministry of Social Rights and the 2030 Agenda offer a series of services for people with disabilities. More information about <https://www.mscbs.gob.es/ssi/discapacidad/serviciosPersonasDiscapacidad/home.htm>*

The development of the Law for the Promotion of Personal Autonomy and Care for people in situations of dependency has meant for many Andalusians the recognition of a right that guarantees them access to the services they need. You can find more information about <https://www.juntadeandalucia.es/agenciadeserviciossocialesydependencia/index.php/m-dependencia>

• **Individual grants for people with disabilities**

These aids, aimed at facilitating the greatest possible autonomy for people with disabilities, More information about <https://www.juntadeandalucia.es/servicios/procedimientos/detalle/14131.html>

- **Orthoprosthetic provision of the Andalusian Health Service (see section HEALTH SERVICES)**
- **Aid related to employment (see section EMPLOYMENT)**
- **Aid related to transportation (see section TRANSPORTATION)**
- **Healthcare and Pharmaceutical Provision**, is a provision of medical and pharmaceutical services.
- The interested person or their representative may make the corresponding request, here the form to be downloaded https://www.juntadeandalucia.es/export/drupaljda/SOLICITUD_PSPD_EDITABLE_2016.pdf (667KB). If you have a digital certificate, you can also formulate it through the Catalog of Administrative Procedures of the Junta de Andalucía by this link <https://www.juntadeandalucia.es/servicios/procedimientos.html>

- **The steps to follow to benefit from this aid in kind**

In order to benefit from these financial aids, people must at least have a recognized degree of disability equal to or greater than 33%. More information about <https://www.juntadeandalucia.es/servicios/procedimientos/detalle/69.html>

For aid linked to the situation of dependency, you must have recognized this status. More information about <https://www.juntadeandalucia.es/agenciadeservicios socialesydependencia/index.php/m-dependencia/m-paso-a-paso>

It must also meet the specific requirements necessary for each of the aid in kind

- **Which number to call/contact**

- **Service of Attention to the citizenship in Disability issues.** *More information about <https://www.juntadeandalucia.es/agenciadeservicios socialesydependencia/index.php/m-la-agencia/ciudadania>*
<https://www.juntadeandalucia.es/organismos/igualdadpoliticassocialesyconciliacion/areas/discapacidad/solicitudes.html>

- **Citizen Information Service on Dependency matters (24 hours/day).** Here the information <https://www.juntadeandalucia.es/organismos/assda/servicios/procedimientos/detalle/7151.html>

- **Organizations, Federations and Associations that work for Disability** and taking into account the type of it on which his work focuses. (Physical, intellectual, organic).

E.g.: Our Entity, COCEMFE Seville. Federation of Associations of People with Physical and Organic Disabilities in Seville. **Contact phone: +34 954.93.27.93 Email address: info@cocemfesevilla.es**

- **Resources of Interest**

You can find information about resources of interest on financial aids and aids in kind ,in the following links:

- *Dependency status calculator*
<https://www.juntadeandalucia.es/agenciadeservicios socialesydependencia/index.php/m-dependencia/m-calculadora-dependencia>
- *Map of resources in matters of dependency*
<https://www.juntadeandalucia.es/agenciadeservicios socialesydependencia/index.php/m-estadisticas/mapa-recursos>
- *Guide to BENEFITS AND HELP FOR PEOPLE WITH DISABILITIES*
<https://oadis.vpsocial.gob.es/novedades/docs/BenefpcdFeb21red.pdf> (1036 KB)

SOCIAL, CULTURAL AND SPORTS ACTIVITIES

- **Social-cultural activities**

Each region has its own activities but there are some common to all, such as the IMSERSO trips. *More information about* (https://www.imserso.es/imserso_01/envejecimiento_activo/vacaciones/index.htm)

In the Andalusian region, the different entities dedicated to working for and with people with disabilities include in their projects cultural visits to the most emblematic monuments and places in each town. The Junta de Andalucía offers, within its "know your land" program, a total of 230 places for recipients of non-contributory pensions and Social Security, retirees, people over 60 years of age and people with legally recognized disabilities. More information about

<https://www.juntadeandalucia.es/temas/trabajar/relaciones/tiempo-libre.html>

Specifically, COCEMFE Seville, offers an extensive leisure program for people with disabilities, preferably severely affected, with cultural activities to better understand our environment, days of family respite and coexistence, for this program, the Federation has adapted transport, technical staff qualified and a team of voluntary personnel that guarantees the proper development of the activities. More information about

<https://cocemfesevilla.es/que-hacemos/ocio-tiempo-libre-y-voluntariado>

Those people who want further information on Leisure and free time activities in COCEMFE Sevilla can contact by email: voluntariado@cocemfesevilla.es

- **Publications (accessible books, videos...)**

COCEMFE, through the accessibility observatory, is working with all national delegations to be able to offer accessible routes and destinations as well as technical and professional means that contribute to the success of the activity. *More information about* <https://observatoriodelaaccessibilidad.es/turismo-accesible/guias-de-turismo-accesible>

Spain makes a documentary collection of books in Braille and other accessible formats available to all the blind in the world with more than 66,000 titles so that they can share them and thus access information and knowledge, via social inclusion. This initiative is implemented thanks to the platform developed by the ONCE Bibliographic Service. More information at <https://www.once.es/servicios-sociales/tecnologiayrecursosadaptados/servicio-bibliografico>

ONCE has a User Service to contact to request any type of related information, either by phone, by calling 91 010 91 11, or by email to: sbo.clientes@once.es

The Junta de Andalucía offers a website of accessible destinations. *More information about*

http://www.juntadeandalucia.es/ctrjal/destinosturisticosaccesibles/sites/default/files/guia_destinos_turisticos_accesibles_en_andalucia_pdf_accessible_0.pdf (2,4 MB)

Thanks to new technologies, browsing the internet, we can find several websites that offer information about adapted tourism:

<https://www.spain.info/es/descubrir-espana/cultura-accesible-para-todos-espana/>

https://www.esmadrid.com/sites/default/files/documentos/recursosaccesibles_baja_edicion7.pdf (7,7 MB)

<https://viajerosensilla.com/>

<http://www.spainisaccessible.com/>

- **Discounts for the cultural activities**

As for cultural activities in the public sphere, people with disabilities and their companions have free admission to national museums. More information about

<https://www.culturaydeporte.gob.es/cultura/museos/presentacion/preguntas-frecuentes/entradas->

[reducciones.html](#).

In general, in almost all the municipal swimming pools of the Spanish State, people with disabilities have a reduced price, as is also the case for children under 3 years of age, retired or over 65 years of age.

Sports

- **Adapted sports (Paralympics, bocce etc)**

There are as many adapted sports as there are sports since sport is universal and for everyone. It is true that there are specific modalities for people with a specific disability, such as slalom and Boccia, which are typical of Cerebral Palsy and acquired brain damage.

Information for Slalom: <http://www.feddf.es/seccion-deporte/469/n.html> And clubs in Spain:

<http://www.feddf.es/clubes-deporte/190/slalom/clubes.html>

Information for Boccia: http://www.fedpc.org/deportes.asp?id_deporte=2 and clubs in Spain:

http://www.fedpc.org/deportes-donde-empiezo-mapa.asp?id_deporte=2

As for soccer, due to its great acceptance worldwide, goalball was created for blind people and for people with reduced mobility and users of electric wheelchairs the power chair is practiced and for amputees there is also a modality of this sport. Another specific discipline of physical disability and that involves the involvement of at least 3 limbs is quad rugby...

Information on the different sports indicated above:

Soccer: <https://www.fedc.es/deportes/futbol-5-y-futbol-sala>

Goalball: <https://www.fedc.es/deportes/goalball>

Power chair: <https://www.acpfe.es/>

Quad rugby: <https://www.efdeportes.com/efd66/quad.htm> Contact in Andalusia:

<https://sevillarugby.wordpress.com/>

Apart from these more specific sports, any person with a disability can practice swimming, basketball, athletics in any of its forms, badminton, tennis, table tennis, paddle tennis, horse riding, skiing, cycling, etc..

As for the Paralympic modalities, they are:

Summer: Athletics, badminton, wheelchair basketball, boccia, cycling, wheelchair fencing, five-a-side football, goalball, weightlifting, horse riding, judo, swimming, canoeing, rowing, wheelchair rugby, taekwondo, table tennis, tennis wheelchair, archery, olympic shooting, triathlon, sitting volleyball.

Winter: Biathlon, wheelchair curling, alpine skiing, Nordic skiing, snowboarding and ice hockey.

More information on adapted sports at:

<https://www.imsero.es/InterPresent2/groups/imsero/documents/binario/deporteadaptado.pdf> (3 MB)

Each sport makes a distinction of the athletes by categories assigning them a score that allows them to face each other making each sport fairer and more equal

- **Which number to call/contact**

Unfortunately, there is no telephone number to go to and to solve all the doubts or needs that a person with a disability may have when planning a trip, but there are different entities and NGOs that help in mediation. possible, so in Andalusia, you can call:

COCEMFE Sevilla 954932793 Andalusia Inclusiva: 955546149,

COCEMFE Huelva: 959258644, COCEMFE Córdoba: 621274357,

COCEMFE Almería: 95027391, COCEMFE Cádiz: 956222515,

COCEMFE Granada: 958123435. COCEMFE Málaga: 951150307,

COCEMFE Jaén: 635965981.

At the national level, COCEMFE 914138001

- **Resources of Interest**

We can find more information of interest about travel programs, accessible tourism guides and other resources in the Portal for People with Disabilities

<https://www.discapnet.es/areas-tematicas/accesibilidad/ocio-accesible/ocio-accesible>

FAMILY –CAREGIVER

- **The rights of caregivers/family of people with disabilities**

Law 39/2006, of December 14, on the promotion of personal autonomy and the care of people in situations of dependencyt <https://www.boe.es/eli/es/l/2006/12/14/39> includes among its economic benefits, those aimed at family and non-professional care of a person with disabilities. More information about <https://www.juntadeandalucia.es/organismos/igualdadpoliticasocialesyconciliacion/areas/dependencia/pres-taciones/paginas/cuidados-no-profesionales.html>

In addition, it is included among the catalog of benefits of that law, that directed to personal assistance, more information can be found in this link

<https://www.juntadeandalucia.es/organismos/igualdadpoliticasocialesyconciliacion/areas/dependencia/pres-taciones/paginas/asistencia-personal.html>

- **The services provided for caregivers of people with disabilities by the state and other organizations**

The public system also offers family caregivers the “Family Respite” program. The purpose of this service is to welcome people in a situation of dependency when they cannot be cared for by family members who take care of them for reasons of rest, hospitalization or illness. These actions are carried out on a residential basis, including accommodation and full board, in periods that range between 24 hours and one month. It is done in agreement with residential centres in the region. Search for available centres in this link: <https://www.serviciosocialesandalucia.es/mapa-servicios-sociales>

You can apply using this form: https://www.juntadeandalucia.es/export/drupaljda/Personas_Discapacidad_solicitudes_sol_estancia_diurna_respiro.pdf (238 KB)

The family caregiver can ask for support on the telecare service. More information about <https://www.juntadeandalucia.es/agenciadeserviciosocialesydependencia/index.php/m-teleasistencia/m-como-se-solicita>

In Andalusia, the family caregiver can count with the “tarjeta + cuidado” (Card + Care) service, which establishes positive discrimination measures to improve care and accessibility to the health system, for people with severe disabilities, and for the people who care for them, facilitating privacy and customization. These measures are included in the [Plan de Atención a Cuidadoras Familiares de Andalucía](#) (553,13 KB)

Information about this service in <https://www.sspa.juntadeandalucia.es/servicioandaluzdesalud/ciudadania/consejos-de-salud/tarjeta-cuidado> and https://www.sspa.juntadeandalucia.es/servicioandaluzdesalud/sites/default/files/sincfiles/wsas-media-mediafile_sasdocumento/2019/tarjeta_mas_cuidado_diptico.pdf (87,1KB)

- **Practical Advices For Caregivers**

In the Junta de Andalucía, there is a virtual school for patients that dedicates a section to caregivers. More information about <https://escueladepacientes.es/mi-enfermedad/cuidados-y-autonomia/personas-cuidadoras>, has many resources dedicated to caring for the person with a disability and self-care. Among these resources we can find the informative guide for caregivers https://escueladepacientes.es/images/Pdfs/Guia_Informativa_Personas_Cuidadoras.pdf (2,7 MB) in which the caregiver will find many practical tips for the task of care and self-care.

On the web portal of ASANEC (Andalusian Association of Community Nursing) <https://www.asanec.es/>, You can find a guide with two volumes with very practical advice for caregivers (because the family caregiver of people with disabilities in Spain is in most cases a woman).

Volume 1 <http://www.asanec.es/bibliografias/IMPRESA%20Guia+cUIDADORAS+asanec+VOL+1.pdf> (4,5 MB) and Volume 2 <http://www.asanec.es/bibliografias/Guia+Cuidadoras+ASANEC+vol+2.pdf> (1733 KB)

- **The Basics of Disability Etiquette** (it is a set of guidelines dealing specifically with how to address a disabled person i.e. <https://unitedspinal.org/disability-etiquette/>)

To address to a person with a disability, the general considerations in the International Convention on the Rights of Persons with Disabilities must be taken into account. More information about <https://www.un.org/esa/socdev/enable/documents/tccconvs.pdf> (1733 KB)

These considerations and others are collected and explained in addition to other specific considerations that address the type of disability in the Guide "How to properly address people with disabilities". More information about https://www.aspaym.org/pdf/publicaciones/7_guia_cermi_madrid.pdf (1455 KB), the same guide in easy-to-read format http://cermimadrid.org/sites/default/files/lectura_facil_folleto_-_como_dirigirse_adecuadamente_a_las_pc_discapacidad-cermi_madrid.pdf (537 KB)

In addition, we must consider inclusive language when addressing people with disabilities. You can find more information in the Inclusive Language Guide https://www.cocemfe.es/wp-content/uploads/2019/02/20181010_COCEMFE_Lenguaje_inclusivo.pdf (231 KB)

Coping strategies

There are many online resources where the caregiver is offered to take care of their psychosocial and mental well-being, offering coping strategies for the task of care. More information about:

Support guide to be a caregiver

<https://www.cruzroja.es/principal/documents/1962259/1971192/SerCuidadora-Guias-apoyo-personas-cuidadoras-CruzRoja.pdf/9303206c-d3aa-4c99-b401-809038e85ff6> (9,9 MB)

Guide for active coping with disability

https://www.discapnet.es/sites/default/files/salud/docs/guiaafrontamiento_octubre2020_v2.pdf (6,2 MB)

- **Which number to call/contact**

Information for citizens on disability and accessibility -900 55 55 64

Free help line for non-professional caregivers of the RED CROSS - 900 365 100

Public health care telephone "Salud Responde" Telephone: 955 54 50 60

Mobile application: App Click Salud +

<https://www.sspa.juntadeandalucia.es/servicioandaluzdesalud/clicsalud/>

- **Resources of interests**

You can find information for resources for families and caregivers in the following Websites dedicated to the figure of the caregiver,

www.sercuidador.com

<https://cuidadores.unir.net/>

www.predif.org

www.cocemfe.es

<https://www.fundacioncaser.org/discapacidad>

www.ceapat.org

<https://www.discapnet.es/areas-tematicas/canal-senior/el-cuidador>

SUCCESS STORIES

• Success stories

8 success stories of people with intellectual disabilities in Spain. *More information about*

<http://exit21.org/es/2018/02/8-histories-de-superacio/>

8 celebrities with disabilities who are an example of overcoming. *More information about*

<https://www.sunrisemedical.es/blog/ejemplos-famosos-superacion-discapacidad>

3 success stories of entrepreneurs with disabilities. *More information about*

<https://www.fundacionseres.org/BlogSeres/index.php/3-ejemplos-de-emprendedores-con-discapacidad/>

The What Really Matters (Lo que de verdad importa) Foundation is a non-profit organization whose purpose is none other than the dissemination of universal human values in society, some examples of success stories related with disabilities this foundation has awarded are:

- **Adriana Macías**, woman who was born without arms but that has not stopped her from fulfilling all her dreams <https://www.loquedeverdadimporta.org/ponente/adriana-macias/>
- **Albert Llovera**, is the only disabled driver who has participated in the World Rally Championship competing against rivals without any type of disability <https://www.loquedeverdadimporta.org/ponente/albert-llovera/>
- **Bento Amaral**, has been world champion in adapted sailing in 2005 and has represented Portugal in the 2008 Paralympic Games <https://www.loquedeverdadimporta.org/ponente/bento-amaral/>
- **Enhamed Enhamed**, At eight years old, as he likes to say, "blindness won" and since then nothing has stopped him <https://www.loquedeverdadimporta.org/ponente/enhamed-enhamed/>
- **Sergio y Juanma Aznarez**, success story of two brothers that face the blindness and autism <https://www.loquedeverdadimporta.org/ponente/sergio-y-juanma-aznarez/>
- **Philippe Pozzo di Borgo and Abdel**, they are the real protagonists of the movie Untouchables <https://www.loquedeverdadimporta.org/ponente/philippe-pozzo-di-borgo/>
- **Raul Soto Mendoza**, author of the book LIFE ON WHEELS, autobiographical survival handbook and consultation for people with a severe acquired disability https://www.juntadeandalucia.es/export/drupaljda/La_vida_sobre_ruedas.pdf (10,3 MB)

Also you can find some information for successful projects

- **Be Happy in Life project**, a MOOC aimed to offer contents and resources for family and professional caregivers of people with disabilities <https://mooc.saglikarge.istanbul/>
- **Ready Women for new employments**, a website that offer resources and contents aimed to trainers and women with disabilities aimed to improve their employment opportunities <https://www.readywomentraining.eu/es/inicio-es/>
- **Eu-Rudisnet, EU-RUDISNET** is aimed to create an European network for social inclusion of people with disabilities to promote cooperation and civic partnerships in the rural areas. EU-RUDISNET network is present in 6 countries around The EU: Germany, Italy, Lithuania, Turkey, Slovenia and Spain <https://www.eurudisnet.eu/>
- **Foundation Love your Brain**, a foundation created by Kevin Pearce, a snowboarder who suffered a traumatic brain injury. This foundation is aimed to improve the quality of life of people affected by traumatic brain injury through programs that build community and foster resilience <https://www.loveyourbrain.com/>

• Films

- **Campeones**, film where a coach of basketball team ends up losing his job due to his frustrations. The sentence leads him to train a team of people with intellectual disabilities. This team will end up giving a great learning lesson to the coach himself. More information about <https://www.universalpictures.es/micro/campeones> and you can watch by free <https://www.rtve.es/play/videos/somos-cine/campeones/5751723/>
- **100 metros**. Based on the true story of Ramón Arroyo, a man for whom everything was going well until his body began to fail. After multiple tests, he was diagnosed with multiple sclerosis, an autoimmune

disease. After telling him that in a year he could not even walk 100 meters, then he wanted to run an ironman. *More information about* <https://www.filmax.com/distribucion/100-metros.60>

- **Mar Adentro**, Ramón Sampedro suffers an accident that leaves him bedridden for 30 years. Since the incident, the protagonist fights for his right to die with dignity, supported by his friends and a lawyer. *More information about* <https://www.filmaffinity.com/es/film936995.html>
- **Loco por ella**, romantic comedy but with a good criticism of prejudices against mental disabilities. *More information about* <https://www.filmaffinity.com/es/film698668.html>
- **El truco del manco**, Cuajo is a rapper with cerebral palsy who has to deal with mobility problems, but this is not an impediment in his quest to get his own recording studio to create his music. *More information about* <https://www.filmaffinity.com/es/film273498.html>
- **My left foot**, The story of Christy Brown, who despite her cerebral palsy, overcomes her severe physical limitations and becomes a renowned artist and writer. *More information about* <https://www.filmaffinity.com/es/film363767.html>
- **Y tu quién eres (Spain, 2007)**. Director: Antonio Mercero. This film deals with the theme of Alzheimer's through a Spanish family, and the grandfather who will spend the holidays in a residence. There he makes a friend with whom they recall memories of youth. Although he increasingly stalks the disease. *More information about* <https://www.filmaffinity.com/es/film891809.html>
- **The Bath** (China, 1999). Director: Yang Zhang. Mr. Liu lives in Beijing, taking care of his youngest child (Erming, a mentally handicapped young man), and owning a public bath. Through these baths, the history of the society and the importance of its culture will be told. *More information about* <https://www.filmaffinity.com/es/film724409.html>
- **Me, too** (Spain, 2009). Directors: Álvaro Pastor, Antonio Naharro. Daniel is a young man with Down syndrome who starts working in an office. There he will meet a partner with whom he lives unforgettable moments and begins to be himself. *More information about* <https://www.filmaffinity.com/es/film548924.html>

- **Videos**

You can find videos that offer successful stories of people with disabilities that are example of superation, more information about:

- Constanzas Orbaiz., woman with Cerebral palsy and Psychologist, shows how is life with a disability https://www.ted.com/talks/constanza_orbaiz_discapacidad_poder_distinto/transcript?language=es
- The project 'My talent for diversity' disseminates videos on the employment of people with intellectual disabilities in ordinary companies <https://www.plenainclusion.org/noticias/el-proyecto-mi-talento-para-la-diversidad-difunde-videos-sobre-la-insercion-laboral-de-personas-con-discapacidad-intelectual-en-empresas-ordinarias/> and https://www.youtube.com/playlist?list=PLOY_SZ9PWmQ7MKx7A529x6_-I3OUT_xiA
- VIDEOS #GeneraciónCOCEMFE is an audiovisual initiative on YouTube starring young people with physical and organic disabilities from different parts of Spain and America <https://www.youtube.com/playlist?list=PLej4siz2YVsgf3bjQhcLnQkGZMZ2w1QwK>
- Website SercuidadorA Tv, an internet channel aimed to caregivers and which includes also some tips for elderly and people with disabilities regarding wellbeing etc <https://www2.cruzroja.es/sercuidadora/sercuidadora-tv>